IT IS THE PATIENT'S RESPONSIBILITY TO CONTACT THEIR INSURANCE COMPANY TO VERIFY COVERAGE & BENEFITS FOR THIS PROCEDURE. IF A PRIOR AUTHORIZATION IS REQUIRED BEFORE SERVICES RENDERED, PLEASE CONTACT YOUR PRIMARY CARE CLINIC FOR A REFERRAL TO BE SUBMITTED TO YOUR INSURANCE COMPANY. THANK YOU.

Patient Name:

Date:

Check In Time:

Physician:

Procedure: EGD (Upper Endoscopy)

**Bring photo ID & Insurance card to appointment. Call our office to confirm your appointment 5 days prior to your appointment.

**Please review the following instructions carefully to verify they are the correct instructions for your scheduled procedure. Please call our office if they are incorrect so we may send the correct ones. Thank you.

Patient Instructions for Morning/Mid-Afternoon Upper Endoscopy Procedures

*A driver will be required to drive you home NO TAXI CABS/NO SHUTTLE BUSES (no driving, working or making any life altering decisions for 24 hours after procedure). Your driver must pick you up within 2 hours of dropping you off.*

1. If you are taking Coumadin, Warfarin, or other blood thinners such as Plavix. We recommend stopping them 5 days prior to your appointment but you MUST check with your primary physician and/or your cardiologist before stopping these medications.

** If you require antibiotics prior to procedures please see your primary physician.
2. One day prior to procedure:

You may have normal meals. You should not eat or use tobacco in any form after your evening meal. You may drink water up to 6 hours prior to your procedure time.

3. Day of Procedure: DO NOT EAT BREAKFAST/NO SOLID FOODS
DO NOT DRINK ANY FLUIDS (6) HOURS BEFORE

- If you are diabetic and take diabetes medication, please contact your primary care doctor or endocrinologist to discuss dosing of your insulin and/or oral diabetic medication.
- DO NOT take morning medications. Bring all prescription medications with you or a complete list with dosages and instructions along with any supplements.
- Please do not wear perfume or cologne.
- Wear loose fitting clothing and plan to be here for 2 hours.
- BRING PHOTO ID & INSURANCE CARD

PARKING:

WACONIA: Ridgeview Professional Building. Park in MAIN PARKING LOT located across from MAIN entrance of the hospital. Take the elevator down to POND LEVEL(-2 floor) – Endoscopy Dept. on your left.

Chaska: Park in the patient parking lot and proceed to the third floor Endoscopy Suite 320

What is an Upper Endoscopy?

Upper endoscopy enables your doctor to examine the inside of your esophagus, stomach, and duodenum for sources of pain, bleeding, or abnormalities by using a flexible, fiber optic tube. The throat is numbed with a topical spray to help reduce gagging and IV sedation is usually used to help the patient relax. It takes less than 15 minutes, though you will be given time to recover from the sedative and should plan to be here 2 hours. If you require IV antibiotics or additional lab testing, you will need to allow more time for the visit.

In preparation for your endoscopy…….

Please bring all medications you are taking (prescription, non-prescription, and herbal supplements) to your appointment. If you are on a blood thinning medication such as Coumadin, Plavix or Warfarin, or have a heart murmur, recent joint replacement, or stent placement, please make your healthcare provider aware of this before your endoscopy. Certain medications may need to be stopped temporarily prior to your procedure or antibiotics may need to be given. Please inform your healthcare provider if you are pregnant, have any health conditions or allergies -especially to latex or anesthesia.

What are the possible complications of an upper endoscopy?

Upper endoscopy is a safe procedure, with serious complications occurring less than 1% of the time. Complications can include aspiration, cardiac arrhythmia, fainting, and reactions to the medications used. A slightly irritated throat is not uncommon. You will be given written discharge instructions after your procedure that lists any symptoms to watch for.
Getting to Ridgeview Medical Center

From Minneapolis: Take I-35W south to Hwy. 62 west. Continue on Hwy. 62 west to Hwy. 212/5 west. This will turn into Hwy. 5 west. Continue on Hwy. 5 west through Eden Prairie, Chanhassen and Victoria. Once in Waconia (still on Hwy. 5) look for South Maple Street (1 block after third set of lights on Hwy. 5). Turn right onto South Maple Street.

From the North: Take I-494 south to Hwy. 5 west. Continue on Hwy. 5 west through Eden Prairie, Chanhassen and Victoria. Once in Waconia (still on Hwy. 5) look for South Maple Street (1 block after third set of lights on Hwy. 5). Turn right on South Maple Street.

From the South: Take Hwy. 169 north to Hwy. 41 north. Take Hwy. 41 north to Hwy. 5 west. Continue on Hwy. 5 west through Victoria. Once in Waconia (still on Hwy. 5) look for South Maple Street (1 block after third set of lights on Hwy. 5). Turn right on South Maple Street.

From the East: Take I-494 west to Hwy. 5 west. Take Hwy. 5 west through Eden Prairie, Chanhassen and Victoria. Once in Waconia (still on Hwy. 5) look for South Maple Street (1 block after third set of lights on Hwy. 5). Turn right on South Maple Street.

From the West: Take Hwy. 212 east. Exit on Hwy. 41 and turn left (north). Turn right on South Maple Street.

Getting to Two Twelve Medical Center

From Minneapolis: Take I-35W south to Hwy. 62 west. Continue on Hwy. 62 west to Hwy. 212/5 west. This will turn into Hwy. 5 west. Continue on Hwy. 5 west, veering to the left on the new Hwy. 212. Exit on Hwy. 41 and turn right (north). Turn right on Hundertmark Road. Two Twelve Medical Center is located on your right, at 111 Hundertmark Road.

From the North: Take I-494 south to Hwy. 5 west. Continue on Hwy. 5 west, veering to the left on the new Hwy. 212. Exit on Hwy. 41 and turn right (north). Turn right on Hundertmark Road. Two Twelve Medical Center is located on your right, at 111 Hundertmark Road.

From the South: Take Hwy. 169 north to Hwy. 41 north. Continue north on Hwy. 41 and turn right on Hundertmark Road, which is just north of Hwy. 212. Two Twelve Medical Center is located on your right, at 111 Hundertmark Road.

From the East: Take I-494 west to Hwy. 5 west, veering to the left on the new Hwy. 212. Exit on Hwy. 41 and turn right (north). Turn right on Hundertmark Road. Two Twelve Medical Center is located on your right, at 111 Hundertmark Road.

From the West: Take Hwy. 212 east. Exit on Hwy. 41 and turn left (north). Turn right on Hundertmark Road. Two Twelve Medical Center is located on your right, at 111 Hundertmark Road.

#22001 (2/16)
Driving Directions and Map to St. Francis Regional Medical Center

From Minneapolis
Take I-35W southbound to Hwy 13 south/Shakopee exit. Hwy 13 intersects with Hwy 101; take Hwy 101 to Hwy 169 south/Mankato exit; continue on Hwy 169 south to Marschall Rd (County Rd. 17) exit. Turn left onto Marschall Rd; continue south approximately 1/2 mile. The campus is located on the left side of the road.

From the north
Take I-494 southbound and exit on Hwy 169 south; continue on Hwy 169 south across the Minnesota River; continue on Hwy 169 south to Marschall Rd (County Rd. 17) exit. Turn left onto Marschall Rd; continue south approximately 1/2 mile. The campus is located on the left side of the road.

From the south
Take Hwy 169 north; continue north on 169 past Shakopee exit to Marschall Rd (County Rd. 17) exit. Turn right onto Marschall Rd; continue south approximately 1/2 mile. The campus is located on the left side of the road.

From the east
Take Hwy 13 west from Burnsville. Hwy 13 intersects with Hwy 101; take Hwy 101 to Hwy 169 south/Mankato exit; continue on Hwy 169 south to Marschall Rd (County Rd. 17) exit. Turn left onto Marschall Rd; continue south approximately 1/2 mile. The campus is located on the left side of the road.

From the west
Take Hwy 5 and turn south on Hwy 41 in Chanhassen. Take Hwy 41 through Chaska to Hwy 169 intersection; turn left and go north on 169; continue north on 169 past Shakopee exit to Marschall Rd (County Rd. 17) exit. Turn right onto Marschall Rd; continue south approximately 1/2 mile. The campus is located on the left side of the road.