CONGRATULATIONS ON YOUR NEW ARRIVAL

IN-ROOM DELIVERIES MON.-FRI., 9 a.m. - 3 p.m.

Ridgeview has the following breastfeeding supplies available for purchase and will deliver directly to your room in the Birthing Center.

- My Brest Friend Pillow
- Calma 5 oz. Bottle Feeding Set
- Calma Nipple Replacement
- Motherlove Nipple Cream
- Soothies
- Momcozy Nursing Bra (M, L, XL — in black only)
- Nipple Shields (XS, S, M)

Ridgeview Home Medical Equipment also carries many products for both Medela and Spectra pumps, including the following items that our lactation consultants recommend having on hand for the "just in case" moments.

Medela:
- Flexfit Breast Shields
- Max Flow Tubing
- Personal Flexfit Connectors

Spectra:
- Spectra Duckbill Valve
- Spectra Backflow Protector
- Spectra Adapter for Medela Parts

Need extra Medela or Spectra accessories or pricing information? Just ask. We're happy to help.

Dial 952.442.2283, ext. 35088, or dial ext. 35088 from the hospital.

MOMCOZY NURSING BRA SIZE CHART

(see reverse side for measuring guide)

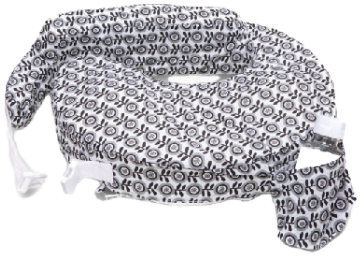
Cup Size

US	A	B	C	D	E (DD)	F (DDD)	G (DDDD)
30	S	S	S	S	S	S	S
32	S	S	S	M	M	M	M
34	M	M	M	M	M	M	L
36	L	L	L	L	L	L	XL
38	XL	XL	XL	XL	XL	XL	XL

MY BREST FRIEND PILLOW OPTIONS:

BLUE BELLS

MIDNIGHT POPPY



RIDGEVIEW
Home Medical Equipment

#25107 (10/22)

MEASURING GUIDE FOR MOMCOZY NURSING BRA

Step 1: Bust measurement – Measure around the fullest part of your breasts, over your nipple area. While holding both ends of the tape with one hand at the side of your breast, use your free hand to press the measuring tape in between your breasts to your chest. This will provide a more accurate bust size.

Step 2: Rib cage measurement – Measure your chest below your breasts. Make sure the tape is around your back and under your armpits. Check in the mirror to ensure the measuring tape is parallel to the floor along your back. The tape should be snug around your body without any fingers underneath it.

Step 3: Do the math – Subtract the rib cage measurement from the bust size measurement. The difference represents your cup size. (Around 3.9”= A, 4.9” = B, 5.9” = C, 6.9” = D, 7.9” = E, 8.9” = F)