

## Ridgeview Medical Center Pre-operative Anesthesia Requirements

A pre-operative History & Physical Examination must be completed within 30 days of surgery, unless otherwise directed. Ridgeview Medical Center Surgical Services recommends that the pre-op physical be completed 48 hours prior to the surgery to allow time for the processing of tests. Please **fax** the History & Physical document to 952-442-6519.

\*No pre-operative lab studies or EKG's are needed for patients having cataract surgery.

### EKG Requirements

- All patients 60 years old or older within six months of surgery
- Patients with cardiovascular disease, CHF, renal disease, insulin-dependent diabetics

### Lab Requirements

- **Hemogram:** Patients being treated for cancer and/or receiving chemotherapy
- **Hemoglobin:**
  1. Patients over the age of 60 years old
  2. Patients with renal disease
  3. Patients with chronic anemia
  4. All menstruating females
- **Blood Glucose or Accucheck:** For all diabetics
- **Potassium:**
  1. Patients with renal disease
  2. Patients receiving diuretics must be within 14 days of surgery
  3. Patient with new diuretic script or dosage change within the past 30 days must have their potassium level drawn and reported within 48 hours of the surgical procedure
  4. Patient taking Digoxin within 48 hours of surgery
  5. Patients on any potassium depleting medication
- **INR:** Patients on Coumadin must have within 48 hours of procedure. Notify surgeon if the INR is greater than 2.5
- **Basic Metabolic Panel (BMETA):** Patients with renal disease
- **UPT – to be done within 7 days prior to surgery date or else morning of surgery, for all menstruating females.** Patients having gynecological surgery, HCG has to be done morning of surgery.  
**\*\* Menstruating females less than 18 years of age are required to have a pregnancy test done**
- 1. Instruct patient to take **cardiovascular, pulmonary, reflux or seizure medication** as prescribed by physician for the morning of the surgery. Any medications instructed to take should be taken with a small glass of water, no less than two hours before scheduled arrival time.
- 2. **Diabetics:** Patient on oral medication for diabetic control should be instructed to take their evening dose, but to hold the morning dose the day of surgery. Insulin-dependent diabetics should follow the recommendations of their prescribing physician. Goal blood glucose of 140-180 for the day of surgery.
- 3. **Pulmonary Disease:** Patients with asthma or COPD should use inhalers the morning of surgery. Instruct them to bring their inhaler with them to the Surgical Services. If available, please acquire an O2 saturation reading on the day of examination.
- 4. **Blood Thinners:** Patients on anticoagulant medication should follow the instructions of their prescribing physician.

In addition to the pre-operative requirements from anesthesia above, these additional tests are required by procedure:

#### Total Joint Replacement Requirement (Knee, Hip, Ankle, Shoulder, Elbow)

- Heme Profile
- UA/UC if patient is symptomatic for UTI
- Basic Metabolic
- ESR
- PT/INR

#### Prostatectomy

- Creatinine
- Hemoglobin

#### Hysterectomy

- Hemoglobin

If you have any additional questions regarding pre-operative requirements, please contact Ridgeview Medical Center at 952-777-5149 (the pre-op nurse extension).